

# GLUTEN FREE BREAKFAST MENU

## EGGS BENEDICT

Served over tomato slices with fresh fruits,  
hash browns & homemade hollandaise

**BENEDICT ~ 15**

Black forest ham

**FLORENTINE ~ 16**

Spinach

**PACIFIC ~ 18**

Wild Sockeye salmon

**M-PESTO ~ 17**

Grilled Mushroom

**ASPARAGUS ~ 16**

**T-PESTO ~ 16**

Tomato

## OMELETTES ~ 16 1/2

Served with fresh fruits & hash browns.  
All have green onions. & Cheese

**BLACK FOREST HAM**

**TOMATOES**

**GRILLED MUSHROOMS**

**POTATOES & BACON**

**SMOKED SALMON & TOMATO**

Add ~ 5

## WESTERN STYLE

2 eggs, bacon or ham, hash browns & fruits ~ 13

### ADD

Back bacon / cheese / bratwurst /  
bacon / ham / chorizo /  
hollandaise / pesto / hashbrowns  
~ 2 1/2 each

Wild sockeye smoked salmon ~ 6

Tomatoes / 1 egg / olives /  
jalapeno ~ 1 3/4 each

Mushrooms / chicken / spinach  
asparagus / goat cheese ~ 3 1/2  
each

## HEALTHY BREAKFAST ~ 9

### FRESH FRUIT SALAD

Kiwi, orange, grapes, fresh  
strawberries & banana

### YOGURT PARFAIT

Low fat yogurt with gluten free granola, banana,  
fresh strawberries, honey & almond

### FRENCH VANILLA MUESLI

Crème anglaise with gluten free granola,  
fresh strawberries, banana & almonds

## SIDES

HASH BROWNS ~ 3 1/2

BACON/HAM ~ 3

SAUSAGE ~ 3 1/2

2 EGGS ~ 3 1/2

YOGURT ~ 2 1/2

## MIMOSA ~ 11 1/2

Orange juice & Sparkling wine